



YMCA OF SOUTH COLLIER

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FITNESS CENTER GUIDELINES & LIMITATIONS

Open during all hours of operation. With limitations:

- No more than 30 person capacity.
- Members **MUST** swipe their cards prior to entering the fitness room.
- Members **MUST** check out at the "Check Out" computer prior to leaving.
- Members must respect the 6 foot social distancing rules, and only use the machines that are available, machines that are **NOT** available are taped off to ensure social distancing rules are followed.
- Free weight area **MAY NOT** have more than 4 people in there at a time.
- The weight machines and area are limited to **NO MORE** than 6 people.
- While in the fitness room, members must wear their face mask until they reach their machine, or their "area" (free weights and weight machines).
- Members must sanitize or wash their hands prior to entering the fitness room, and upon checking out.
- Members must wipe down all machines and surfaces they use after each use.