



YMCA OF SOUTH COLLIER

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lifeguard Training

@ the Marco YMCA

Tuesday June 8 and
Wednesday June 9

8:00-6:00pm each day

Cost:

Members: \$199

Non-Members: \$229

Requirements:

Must attend both days. Must be at least 15 years old, able to swim 300 yards without rest/stop, tread water for two minutes without using your arms, and dive 10' to retrieve a 10lb. brick, then kick on your back with the brick for 20 yards, and climb out in 1 min and 40 seconds or less.

Participation both days required.

Learn to respond to aquatic emergencies with this comprehensive training. Upon completion, participants receive certifications in Lifeguard Training, First Aid, CPR for the Professional, and AED.

All classes use a blended learning program requiring time at home to complete assignments and less lecture time on site. Participants can expect to spend six to eight hours of time before class dates to complete the work. Once registered, please use the following link to register with the Red Cross and complete your online work:

<http://redcrosslearning.com/course/73031950-15c1-11e7-b4e0-51657ecd06af>

If this is your first time taking a Red Cross class you will need to create an account .

Safety Precautions:

Instructors:

Instructors will wear face masks upon request while teaching indoor portion of class. All equipment will be cleaned before and after use.

Participants:

Participants are invited to bring a family member as their in water victim if they are not comfortable rescuing others in the class as their in water victim



**See Membership Services or
visit marcoymca.org to
register TODAY!**